

Who we are

We provide services that increase the emotional health and wellbeing of children and adults; services that are excellent, respected and responsive to the needs of people and communities.

BRIC has nearly 40 years of experience working with families with young children. We are privileged to have worked with so many who have helped us to build a reputation for the support we provide, support that is recognised for its quality and approach to reach those isolated and vulnerable within our communities.

We aim to provide support at the earliest opportunity to reduce the impact of crisis on both peoples' long term health and wellbeing along with the financial cost to public services. We will grow existing services and develop new ones to meet identified gaps in services.

To do this, we:

- Deliver our BRIC 4 Families project, providing family support through our teams of volunteer Family Support Mentors
- Launch an Outdoor Strategy building on our Kids' Patch and community gardening projects to establish centres of health and wellbeing across our communities
- Deliver a range of targeted projects that meet local need
- Monitor, record and share meaningful impact

The research says:

"On balance, families and children who receive interventions shown through rigorous testing to have improved outcomes are more likely to benefit, and to a greater degree, than those who receive other services"

Early Intervention Foundation (2018) Realising the potential of early intervention, London, Early Intervention Foundation



How we do it

Bringing up children is not easy and sometimes we need some extra help to work through the issues we are currently facing. Our Family Support Mentors visit you in your home each week or digitally, working alongside you on these issues at a pace that works for you; working together to achieve the outcomes that are right for your family. You may need support for a variety of reasons; it could be that you feel isolated, struggling with your emotional health, you could be struggling to manage routines or behaviour, be worried about your family finances or going through a relationship breakdown. You may just need someone to talk to.

How do you request support?

You can either contact us yourself via phone, email or social media to find out if the support is right for your family or someone else you are connected with may refer you, such as a Health Visitor, Teacher or Housing Support Worker.

How you can be part of the team

Apply to become one of our digital family support mentors, take part in our online training and get linked to a family providing digital support.

Apply to become a face to face family support mentor, attend classroom based training and be linked to support a family in their own home (post COVID lockdown).

enquiries@bric.org.uk What other skills do you have that you feel may be useful? Get in touch for a chat